

The Movement of Rhythm

workshops with multi percussionist Jon Sterckx

Explore relationships between movement & rhythm.

Learn a rhythmical vocabulary & develop your understanding of rhythm for use in movement & choreography.

Using rhythmic composition as a choreographic tool.

Experiment with different approaches to timing & tempo.

Learn & work with rhythms of different musical traditions.

Explore & work with rhythms of different time cycles.

Interact with an experienced professional percussionist.

Participants must be willing to:

Participate in vocal percussion.

Improvise & choreograph short movement sequences.

The workshop will be suitable for all dancers / movement artists, and will be of particular benefit to those who already have a good feel for moving rhythmically.

